

# 3Q®

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**Luxury Foot and Calf Massager**  
with waist air compression massage and infrared heat

**Model Number: MG-F910**

## **3Q International, Inc.**

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**Instruction Manual**

# Luxury Foot and Calf Massager

with waist air compression and infrared heat massage

Thank you for choosing MG-F910 Luxury Foot and Calf Massager with waist air compression and infrared heat massage. Before using this appliance, please read this manual carefully. Always keep this user manual for later use.

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## Features of the product

- ◆ Air pressure/scrap/shiatsu/heat massages, full massage functions
- ◆ 3-level air pressure massage makes you more relaxed
- ◆ 8 pcs of massage knobs in different shape and height rolling and cover reflexology points on the sole of feet.
- ◆ 4 pcs of knobs massage the sides of ankles.
- ◆ 8 pcs of air bags for soles, ankles and insteps hold the feet firmly for an enhanced massage experience.
- ◆ Detachable air pressure massage bag for calf, waist and belly
- ◆ Feet scrap and infrared heating function
- ◆ Factory default automatic massage programs included
- ◆ Automatic shut off after 15 minutes

## Item description and accessory

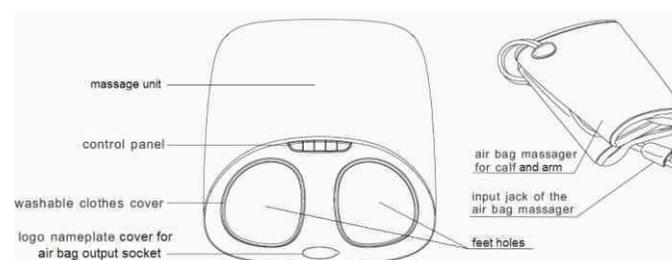


Figure 1



1. This appliance was not designed for people (including children) with reduced physical, sensory or mental capabilities or lack of experience and knowledge, unless they receive a supervision or guidance during operation from a person responsible for their safety.
2. Children should be supervised to ensure that they do not play with the appliance.

## Control panel - functions

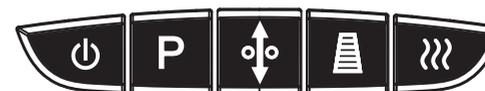


Figure 2

-  Power button: turn on/off the massager
-  "P" button: factory default automatic massage program
-  Kneading massage button: When the appliance is in manual mode press this button to toggle the kneading function. This function cannot be used when in "P" factory default mode.
-  Air pressure massage button: Switch between the three levels of air massage intensity
-  Heating button: turn on/off heating function

## Operating instructions

Plug in the output jack of the adapter into the power cord jack of the foot massager on the side of the unit, and then plug in the adapter into an AC power socket. The buzzer will make a beep sound and the LED power indicator will start flashing. The foot massager is now ready for operation.

If you are using the air bag massager for calf and waist, please plug the input jack of the air bag massager into the output socket of the foot massager. Then wrap the air bag massager on both left and right calves, or waist. (As shown in Figure 3)



Figure 3

1. Turn on the massager by pressing the power button.  
The "P" button will start the massager in the factory default mode (kneading/heating functions are active and air massage intensity is at the lowest level).  
Each time you press a button the buzzer will beep once.
2. In "P" mode: press the air pressure button to choose the next level of pressure intensity (if the button color is green, it means first level, if it is yellow, it means second level, and if it is red, it means third level.) At the same time by pushing the air pressure button, the buzzer gives as many beeps
3. In manual working mode, press the air pressure button to choose the next level of pressure intensity (if the button color is green, it means first level, if it is yellow, it means second level, and if it is red, it means third level.) Press kneading massage button to turn the kneading function on and off.
4. Press "heating" button to turn on/off heating function.
5. The massager's auto turn off feature will automatically shut down the massager after fifteen minutes have passed.

## Product maintenance and warnings

To keep the massager in optimal condition, please follow the correct usage and pay attention to the following points:

1. Please do not massage area's of the foot where there is trauma or ulceration.
2. To prevent damage of the massager unit do not apply excessive force to the top of the unit.
3. People unaccustomed to the massager should avoid prolonged periods of use until they are more familiar with it.
4. Duration of a single use should not exceed 30 minutes.
5. During operation, if any abnormal event occurs, such as overheating or strange odors being released, please stop using the unit immediately and turn off the massager.
6. After each use, please switch off the power by pressing "Power" button on the control panel first, and then disconnecting the power plug from AC outlet. To prevent damage disconnect the massager by pulling on the plug and not the power cord.
7. Please always unplug the adapter from the AC power jacket before cleaning the product.
8. Please use wet and soft cotton sheet and neutral detergent to clean the massager.
9. Please don't drag or pull the power cord of the massager.
10. Please don't use the massager in water or in a humid environment.  
If the massager falls in water accidentally, please unplug the power plug from the socket immediately, before taking it out from the water.
11. To prevent overheating please don't cover the product with a pillow or blanket, when you are using it.
12. Please do not use anything to cover the massager, when using it, because it can cause malfunction or damage.
13. Please don't use the massager near stoves or any other heat sources.
14. Only use original accessories or parts from the manufacturer of this massager.
15. Avoid detaching or dismantling of the massager for self repair.  
Doing so can be dangerous and will void the guarantee and warranty for the after sales service.
16. For your personal safety and the proper operation of this massager, please do not open the zipper. We will be not responsible for any consequences caused by such interaction.
17. If you are receiving medical treatment or you are having any of the following diagnoses below, please consult your physician and use the appliance in accordance with your doctor's orders.

## Important

- In case of any health related question, please consult your physician before start using the device.
- Do not let children use the device, and do not switch on the massage function, when somebody is asleep or unconscious! In cases of myocardial infarction, somnolence, incapacitated by illness or problems of sensitivity on the skin or from movement, do not use the device.
- Do not use the device: if the skin is swollen, sore or injured, if you have a skin rash, on sensitive areas of your body (eyes, face, etc.) or if you are injured.
- This device is to use only by healthy adults.  
People with any of the diagnoses listed below should consult a physician before using the product:
  - Pregnancy
  - Patients with pacemaker
  - Phlebitis
  - Thrombosis (Deep Vein Thrombosis)
  - Severe heart disease
  - Tumor malignant
  - Problems with the spine, scoliosis, lordosis
  - Osteoporosis or other bone diseases
  - Ovarian or similar illnesses or discomfort
- If you feel discomfort during the massage, immediately discontinue using it and consult your physician. This is a product for domestic use only; it was not designed for professional use of therapeutic purposes.

## Trouble shooting

Phenomenon	Possible cause	How to deal with it
Does not work?	1. The power supply is not connected 2. Power plug has poor contact 3. "Power" button has not been pressed	1. Connect power supply 2. Check the plug 3. Press "power" button
Stop working?	1. Massager is powered off. 2. Massager has automatically turned off after 15 minutes.	1. Check whether the power supply interface is connected properly 2. Press the power button to turn on the machine again.

### Specification

Product Name:

Luxury Foot and Calf Massager with waist air compression massage and infrared heat

Model No.: MG-F910

Operating Voltage: DC 12 V 3 A

Power: 30 W



1. This appliance does not intend to provide to the people who are physical disability, sensory or nerve defect or lack of experience and common sense to use, unless they got the supervision and guidance about how to use this equipment from the people who take responsibility to their safety.
2. Children must be supervised to ensure that they will not take instruments to play .

## One year limited warranty

- The massager comes with one-year factory limited warranty. We warrant that for a period of one year from the date of purchase, this product will be free from defects in material and workmanship. We will repair or replace this product or any component of the product found to be defective during the warranty period. Replacement will be made with a new or remanufactured product or component. This is your exclusive warranty.
- This warranty is valid for the original retail purchase from the date of initial retail purchase and it's not transferable. Keep the original sales receipt. Proof of purchase is required to obtain warranty performance. 3Q dealers, service centers, or retail stores selling 3Q products do not have the right to alter, modify or any way change the terms and conditions of this warranty.
- This warranty does not cover normal wear-and-tear on upholstery or damaged resulting from any of following: negligent use or misuse of the product, use on improper voltage or current, use contrary to the operating instructions, disassembly, repair or alteration by anyone other than 3Q or an authorized 3Q service center.
- Further, the warranty does not cover: Acts of God, such as fire, flood, hurricanes and tornadoes.
- For purchasing thru internet, buyer is responsible for both-way shipping costs (returning and resending).
- How to Obtain Warranty Service
- If you have any questions regarding this warranty or would like to obtain warranty service, please contact our Service Department or authorized 3Q dealers.



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Heat insensitive users should pay attention to the surface of the application.

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