

3Q[®]

Foot Massager
with vibration and heat
Model:3Q-MG-F22



Instruction Manual

IMPORTANT SAFEGUARDS

When using electrical appliances, basic precautions should always be followed to reduce the risk of fire, electric shock and injury to persons, including the following:

Usage Environment

The massager should not be used in an excessively humid environment such as the bathroom or in a heavily dusty or caustic environment.

User Conditions

Users suffering from cancer, osteoporosis, malignant tumors, heart problems, high fever or have electronic devices in their body such as pacemakers should consult their doctor before use. Pregnant or menstruating women and people under doctor's orders for medical rest should also consult their doctor before using a massaging device designed for home use.

- To ensure safe and that massages may result in accident or injury, correct usage of the massager do not operate it without first carefully reading the operating manual.
- Using the massager for purposes other than massages may result in accident or injury.
- Do not use the massager if the fabric cover is torn or parts are missing.
- Do not use the massager if your feet are wet to avoid short circuits and electrical shorts.
- Keep the massager out of reach of children.
- Avoid standing, sitting or putting excessive weight on the massager.
- Do not insert metallic or flammable materials into the main body as this may result in electric shocks, short circuits and possible fires.
- Avoid covering the massager during operation to prevent motor overheating.
- While cleaning the massager avoid using paint thinner, benzene or alcohol to avoid color changes and deformation.
- Do not use the massager while sleeping or drunk. The suggested usage time is 15 minutes.
- Power off the massager immediately if:
 - Water is spilled on it
 - Severe or abnormal pain is felt
 - If any malfunction or other abnormal condition is detected
 - There is a power failure
 - There is lightning

Notes:

The massager must only be serviced and repaired by the service center. Users should avoid disassembling or repairing the massager.

Check that the voltage corresponds with the specification indicated.

If the cord is damaged avoid operating the massager.

Operation Instruction

Thanks for choosing the 3Q MG-F22 Foot Massager. Please read this manual carefully before using. Keep this manual for future reference.

Overview

Our extraordinary and ergonomically designed massager activates joints to maximize relaxation and helps release tension through the complicated network of nerves in your feet. This foot massager perfectly mimics the practiced and strong hands of an expert to deliver a completely new level of massage functionality. Emulating the techniques used by chiropractors and massage therapists it simultaneously provides an invigorating massage to the feet and ankles. Its strong kneading action penetrates deeply into the muscles to reach the pressure nodes located under the soles of your feet to relieve tension and improve circulation. You can enjoy the soothing benefits of a professional grade foot massage in the comfort of your own home.

Product Features

- Massage method: Rolling, Kneading, Reflexology, Squeeze, Heating, Vibration
- Through the kneading of the massage sheet press the feet.
- Heating function using infrared light to warm your feet and promote the blood circulation of feet.
- Vibrating function relax the muscle of feet.
- Fixed roller scraping, can massage from toe to heel.
- Simulated hand massage skill, massage toe foot and heel.
- Four auto modes and two manual modes.
- Three speeds.
- Automatic timing: 15 min shut off.

Control Panel and Available Programs

Auto Mode

The foot massager has four auto programs with different massage speed, strength, direction for the different areas and acupoints of foot. Using the principles of foot reflexology this massager delivers an AcuPressure massage that is perfect for helping to relax and soothe your tired, aching feet and relieve tightness.

P1: General massage. With medium - high speed with clockwise and anticlockwise rotation. (Figure 1)

The following three programs concentrate on the areas of the foot that correspond to the following reflex point in the body:

- P2: Head, neck, lumbar spine, shoulders and head
- P3: Intestinal track, liver and stomach
- P4: Legs, reproductive and urinary system

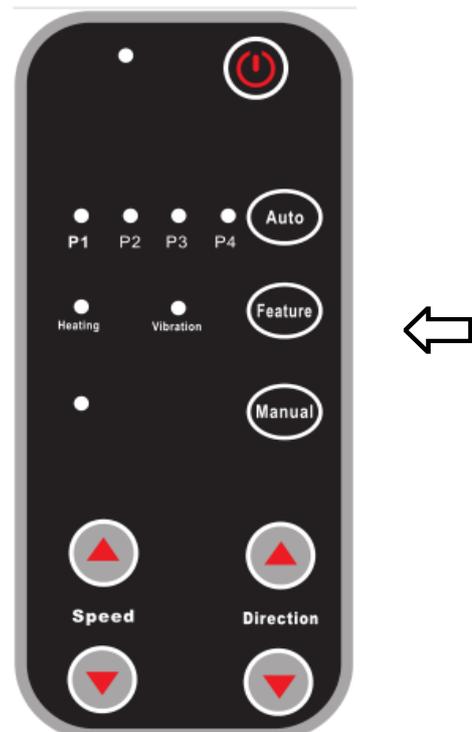
Note: you can rarely feel the difference between P1 to P4 because it simply adjusts its speed, strength and direction on its reflex points only.



(Figure 1)

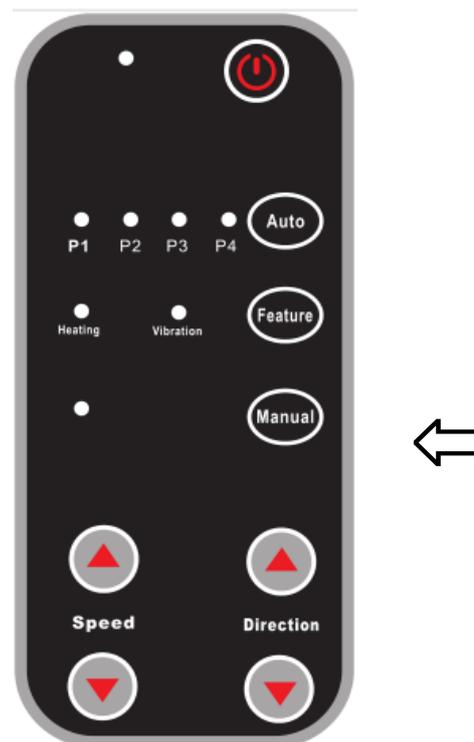
Personalized Programs: By clicking on the “Feature” button you can choose between Heating, Vibration and Heating + Vibration modes. (Figure 2)

Note: If the control panel doesn't have a heating indicator then the massager doesn't have a heating function and if the control panel doesn't have a vibration indicator then the massager doesn't have a vibration function.



(Figure 2)

Manual Control: The massager speed and direction can also be manually controlled by clicking on the “Manual Settings” button then clicking either “Speed” or “Direction” to adjust the speed and direction. (Figure 3)



Using the Massager

(Figure 3)

To Start

- Connect the massager to a properly grounded wall outlet.
- Press the power button to turn the machine on. Then the massager begin to work on Auto mode at default massage program P1.
- Choose auto program P2, P3 or P4 by pressing the Auto Button.
- Choose personalized programs, press the Manual button.
- The Vibration and Heating can be used for any modes.

Its default massage program is P1. And the massager is programmed to run for 15 minutes.

Auto Mode

- Simply press the Auto button to choose programs, from P1 to P4. Each program lasts for 15 minutes. You'll hear an alert sound when you choose different programs (from P1 to P4).
- Its pre-set massage time is 15 minutes for each program you choose (P1 to P4).

Manual Mode

- The Manual button is just like a switch for you to turn on the Speed and Direction function.
- The "Speed" and "Direction" function can be used only after you choose "Manual" button.
- After you press the Manual button, you can then press Speed and Direction to choose massage speed intensity and massaging directions for moving clockwise or anti-clockwise.

* You can focus on foot reflex zone's massage in a period of time when massage acid, up, pain and other sensory areas.

Turning off the Massager

- Turn off: Hold down the Power Button for approximately two seconds to shut down the Massager.
- Five minutes after automatic procedures without any operation, the massager will automatically shut down.
- Temporary stop: Press the Power Button to stop massager and press Power Button again to continue massaging during massaging procedure.
- The massager will shut down automatically if there is no action for 10 minutes in stop condition.
- When you want to clean the fabric cover or the massager, you must unplug the power cord from power socket first.

Note: Never pull out the plug during operation; unplug the power cord after shutdown.

Specification

Product name: 3Q Foot Massager with Vibration and Heat

Model No.: 3Q-MG-F22

Voltage: 110V-240V

Power: 50W

Motor: 3 motors (Massage, vibration, heating)

Massager Speed: high, medium, low

Rated Working Time: 15 Minutes

Weight: 12.8 lbs

Product Size: 22" x 13" x 11" inches

Note: This product is not intended to diagnose, treat, cure, or prevent any disease.

Care and Maintenance

- Turn off and unplug the unit before cleaning.
- Clean the main unit with a damp cloth or a neutral cleanser and then wipe with a dry cloth.
- Unzip and remove the FOOT BED liners from the unit and spot clean with a damp cloth. **IMPORTANT:** Allow FOOT BED liners to dry completely before reattaching to the main unit.
- FOOT BED liners are NOT machine washable.
- Do not expose the unit to heaters, fires, and direct sunlight. Keep the unit away from environments where it's humid and dusty.
- Do not use volatile liquids such as benzene, thinner or gasoline for cleaning.
- Do not wrap cord around the appliance when storing and untwist before use.
- Any other servicing should be performed by an authorized service representative.

Troubleshooting

The unit does not turn on.

- Ensure the device connect to the adapter properly
- Ensure the Power Cord is connected to the electrical outlet.

The unit stops during operation.

- The 15 minute auto shut off is engaged. There's no problem.
- Turn the main power off and do not operate the unit for at least 30 minutes to let the unit cool down. The unit is overheating by working continually.

One Year Limited Warranty

The product comes with one-year factory limited warranty. We warrant that for a period of one year from the date of the original purchase, this product will be free from defects in material and workmanship. We will repair or replace this product or any component of the product found to be defective during the warranty period. Replacement will be made with a new or remanufactured product or component. This is your exclusive warranty.

This warranty is valid of the original purchaser from the date of initial retail purchase and is not transferable. Keep the original sales receipt. Proof of purchase is required to obtain warranty performance. 3Q dealers, service centers, or retail stores selling 3Q products do not have the right to alter, modify or change the terms and conditions of this warranty.

This warranty does not cover normal wear-and-tear on upholstery or damage resulting from any of the following: negligent use or misuse of the product, use on improper voltage or current, use contrary to the operating instructions, disassembly, repair or alteration by anyone other than 3Q or an authorized 3Q service center.

Further, the warranty does not cover: Acts of God, such as fire, flood, hurricanes and tornadoes.

For purchasing thru internet, buyer is responsible for both-way shipping costs (returning and resending).

How to Obtain Warranty Service

If you have any questions regarding this warranty or would like to obtain warranty service, please contact our Service Department or authorized 3Q detailers.

3Q International, Inc. Ferndale, WA 98248 United States

<http://www.3QInternational.com> Tel: 1-888-3663136 Fax: (360)366-3136