

3Q[®]

3Q Foot Massager With Heat
Model:3Q-MG-F18

3Q[®]



Instruction Manual

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Air massage



Rolling



Kneading



Heat

3Q Foot Massager with Heat Manual

Thanks for choosing 3Q-MG-F18 3Q Foot Massager With Heat. Please read this manual carefully before using, Keep this manual properly for any necessary time.

Contents

| | |
|--|-----|
| Product Features | 2 |
| Spare Parts and Function | 2 |
| Control Panel Instruction | 3 |
| Operation Instruction | 3-4 |
| Product Maintenance and Attentions | 4-5 |
| Simple Malfunction Analysis and How to Deal with | 5 |
| Specification | 6 |



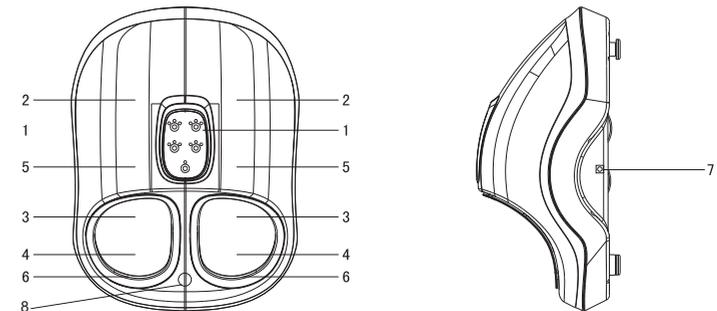
Remark

During use, if you feel the air pressure massage intensity is too hard to make you uncomfortable, we advise you to press the "deflate" button for 5 seconds to relieve the discomfort.

Product Features

- Nice appearance, portable and convenient.
- Combines shiatsu, kneading, and air pressure massage with heating functionality.
- Kneading and shiatsu massage covers all acupuncture points from toes to heels.
- Air pressure massage relieves stress and provides relaxation.
- Air pressure with three intensities.
- Automatic and manual mode available.
- Low and high temperature settings.
- Timed automatic shut down function (15 minutes).
- Safe and reliable 12V DC adapter.

Spare Parts and Function



1. Control panel: control the products' massage functions.
2. The position of rolling massage heads: massage forefoot area.
3. The position of shiatsu massage heads: massage the foot arch area.
4. The position of the kneading massage head: massage the heel area.
5. The position of the air bag: provide air pressure massage function.
6. Detachable and washable cloth cover.
7. DC12V/3A adapter.
8. Deflate safety key

Control Panel Instruction

1. Kneading: Toggles kneading function on and off when in manual mode
2. Air Pressure: Switches between three levels of air pressure when in manual mode
3. Auto: Selects between the two automatic modes
4. Heating: Adjust between low and high temperature when in either mode
5. Power: Turns massager on and off



Operation Instruction

Plug output jack of adapter into power cord jack of the foot massager then plug input jack of the adapter into an AC power outlet. A flashing LED indicator and a buzzer indicates that the massager is operational.

Automatic Working Mode

1. Press the power button and the massager will start up in automatic mode A. The left indicator LED, Kneading LED and air massage LEDs will be on.
The following functions will be enabled:
 - a. Combination of air pressure massage with kneading function
 - b. Air pressure massage function
 - c. Kneading Massage function

★ the three functions above will cycle for 15 minutes before automatic shut down occurs.
2. Pressing the auto button again will change to automatic mode b.
The following functions will be enabled:
 - a. Air pressure massage function
 - b. Kneading massage function
 - c. Combination of air massage with kneading function

- ★ the three functions above will cycle for 15 minutes before automatic shut down occurs.

Manual Working Mode

3. Pressing the auto button again will change to manual mode.
The following functions will be enabled:
 - a. Pressing the Kneading Button will toggle the kneading function on and off
 - b. Pressing the Air Massage Button will select between three intensity levels as indicated by the LED color (green, yellow, red)
 - c. Pressing the Heat button will alternate between low and high temperature

★ The massager's auto shutdown function will activate after 15 minutes. This will turn off the massager.

Product Maintenance and Attentions

1. Please do not massage the area on the foot where there is trauma or ulceration.
2. To prevent overload of the massage, please don't stand on it or sit on it.
3. For new users continuous use is not recommended. The time should be increased after you have adapted to it.
4. A duration of 30 minutes or less per session is recommended.



Heat insensitive users should pay attention to the surface of the application.

5. If abnormal conditions appear during operation of the massager such as overheating or abnormal scents immediately power off and disconnect the massager.
6. After each session power off the system by pressing the Power button on the controller followed by disconnecting the power plug. Applying excessive force to the cord may result in damage.
7. Ensure the adapter is unplugged before cleaning the product.
8. Cleaning of the massager should be done using soft cotton sheets and neutral detergents.
9. If you are receiving medical treatment or any of the following cases, please consult your doctor and use it in accordance with doctor's orders.
 - Cancer
 - Chronic or serious disease
 - Severe heart disease
 - Cardiac pacemaker
 - Other metal utensils, such as prosthetic
 - Mental illness
 - Pregnant women or children
10. Do not forcibly drag or pull the power cord.
11. Do not use the massager in water or high humidity environments. If the massager is submerged in water turn off the power and unplug the adapter before removing the massager.
12. Do not place the massager under a pillow or blanket while in operation.
13. Do not cover the massager while in operation. This may result in over heating, malfunctions and damage.
14. Avoid using the massager near stoves and other heat sources.
15. Only original accessories and parts from the manufacturer should be used with the product.
16. Dismantling or maintenance of the product by unauthorized personnel will void any warranty`s.
17. For your personal safety and the operation of the product do not open the zipper. We will not be responsible for any damages incurred by such behavior.

Simple Malfunction Analysis and How to Deal With

| Phenomena | Possible Cause | How to Deal With |
|----------------|--|---|
| Does not work? | 1. The power supply is not on | 1. Connect power supply |
| | 2. Power plug is poor contact | 2. Check the plug |
| | 3. "Power" button has not been pressed | 3. Press "power" button |
| Stop working? | 1. Power off | 1. Check whether the power supply interface is connected well |
| | 2. Massage time is over 15mins | 2. Turn on "power" button again |

Specification

Product name: 3Q Foot Massager With Heat

Model No.: 3Q-MG-F18

Voltage: DC12V

Power: 40W



- 1、 This appliance does not intend to provide to the people who are physical disability, sensory or nerve defect or lack of experience and common sense to use, unless they got the supervision and guidance about how to use this equipment from the people who take responsibility to their safety.
2. Children must be supervised to ensure that they will not take instruments to play .